### SCSC September 2021 Calendar of Events

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tr>
<td>Cathy Carew-Bednarowski</td>
<td></td>
<td>1) Farm Stand 10:30-11:30</td>
<td>2) Tai Chi 10:00 am-11:00 am</td>
<td>3) Deerfield COA Meeting</td>
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<td>LifePath Dining Center</td>
<td>Please call 665-5063 2 days in</td>
<td>Farm Stand 10:30-11:30</td>
<td>Rainbow Elders Luncheon 11:30</td>
<td>10:00 am At SCSC</td>
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<tr>
<td>Manager 413-665-5063</td>
<td>advance to reserve your meal.</td>
<td>Town Nurse 10-2</td>
<td>Brown Bag 12:30-1:30</td>
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<td>Suggested Voluntary</td>
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<td>Foot Doctor By appointment</td>
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<td>Confidential Donation is</td>
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<td>$3.00 per meal</td>
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6) **CLOSED**

Happy Labor Day!

7) **Knitting Circle And Cards**

10:00am-12:00 pm

8) **Farm Stand 10:30-11:30**

Franklin Area Survival Center Food Delivery 11:00 pm
Balance in Motion 10 am Whately Town Nurse 10-2

9) **Tai Chi 10:00 am-11:00 am**

10) **FREE CONCERT**

Tim Van Egmond Folksinger & Storyteller
Leaf Peepers Fancy 10:30 am

13) **BINGO 10:00am-12:00pm**

Chair Yoga -1pm Sunderland

14) **Knitting Circle And Cards**

10:00am-12:00 pm

15) **Farm Stand 10:30-11:30**

Balance in Motion 10 am Whately Town Nurse 10-2

16) **Tai Chi 10:00 am-11:00 am**

17) **Cribbage Tourney 10:00 am-12:00 pm**

20) **BINGO 10:00am-12:00pm**

Chair Yoga -1pm Sunderland

21) **Knitting Circle And Cards**

10:00am-12:00 pm

22) **Farm Stand 10:30-11:30**

Balance in Motion 10 am Whately Town Nurse 10-2

23) **Tai Chi 10:00 am-11:00 am**

24) **FREE Nutrition Seminar**

Eating for a Healthy Heart
Healthy snack and Blood Pressures can be checked 11:00 am

27) **BINGO 10:00am-12:00pm**

28) **Knitting Circle And Cards**

10:00am-12:00 pm

29) **Farm Stand 10:30-11:30**

Balance in Motion 10 am Whately Town Nurse 10-2

30) **Tai Chi 10:00 am-11:00 am**

**October 1st**

FREE CONCERT Beatles and Beyond With Roger Tincknell 60s and 70s pop classics 10:30 am

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Our Free Concerts performed by Tim Van Egmond and Roger Tincknell are sponsored in part from the Deerfield, Sunderland and Whately Cultural Councils, local agencies, which are supported by the Massachusetts Cultural Council, a state agency.