

# WHATELY ELEMENTARY LUNCH MENU

## JANUARY 20 12



☺ THANK YOU TO OUR LOCAL FARMS FOR YOUR NUTRITIOUS PRODUCTS ☺

*HEALTHY & YUMMY ASSORTED FRESH FRUIT & VEGGIE STICKS ARE ALWAYS OFFERED DAILY*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b>  <b>NO SCHOOL</b>	<b>3</b> HOME MADE MACARONI W/LT. CHEESE SAUCE*, STEAMED GREEN BEANS, BAKED CORN BREAD***, LT. FRUIT*	<b>4</b> HAMBURGER OR VEGGIE BURGER/ CHEESE, ROLL, KETCHUP/ MUSTARD, TOMATO/LETTUCE/ ONION**, BAKED CURLEY FRIES***, LT. FRUIT*	<b>5</b> FRENCH TOAST STICKS, BAKED SCRAMBLED EGGS***, BAKED SAUSAGES***, MAPLE SVRUP, O.J., LT. APPLE SAUCE*	<b>6</b> WHEAT SPAGHETTI - PLAIN OR W/MEAT SAUCE, STEAMED GREEN BEANS, BAKED GARLIC BREAD***, LT. FRUIT*
<b>9</b> HOT DOG/ SMART DOG, KETCHUP, MUSTARD, RELISH, VEGETARIAN BAKED BEANS*, BAKED TATER TOTS***, LT. FRUIT*	<b>10</b> TURKEY OR HAM GRINDERS, MAVO/MUST. LETTUCE/TOMATO/ONION** TUNA PASTA SALAD, BAKED CHIPS***, LT. FRUIT*	<b>11</b> CHICKEN PATTY ON A BUN, BBQ/KETCHUP/ MAVO/LETTUCE/TOMATO ONION**, WALDORF SALAD, BAKED CHIPS***, LT. FRUIT*	<b>12</b> SHEPHERD'S PIE, BAKED GARLIC BREAD***, LT. JUICE*	<b>13</b> HOMEMADE PIZZA, GARDEN SALAD**, CHOICE OF DRESSINGS, 100% JUICE, LT. FRUIT*
<b>16</b> <b>NO SCHOOL</b> <b>MARTIN LUTHER KING DAY</b>	<b>17</b> FISH STICKS, STEAMED CORN, DINNER ROLL, BAKED TATER TOTS***, LT. APPLE CRISP*	<b>18</b> SANDWICH OF CHOICE CHICKEN NOODLE OR HOMEMADE CLAM CHOWDER, VEGGIE PLATE**, LT. FRUIT*	<b>19</b> CHICKEN NUGGETS, STEAMED PEAS, DINNER ROLL, BAKED CURLEY FRIES***, LT. FRUIT*	<b>20</b> RAVOLI, STEAMED CORN, BAKED GARLIC BREAD***, HOME MADE APPLE CAKE
<b>23</b> PANCAKES, BAKED SAUSAGES***, BAKED SCRAMBLED EGGS***, MAPLE SVRUP, O.J., LT. APPLE SAUCE*	<b>24</b> SLOPPY JOES, STEAMED CORN, LT. FRUIT*	<b>25</b> TURKEY OR HAM GRINDERS, MAVO/MUST. LETTUCE/TOMATO/ONION** TUNA PASTA SALAD, BAKED CHIPS***, LT. FRUIT*	<b>26</b> HAMBURGER OR VEGGIE BURGER/ CHEESE, ROLL, KETCHUP/ MUSTARD, TOMATO/LETTUCE/** ONION, BAKED CURLEY FRIES***, LT. FRUIT*	<b>27</b> HOMEMADE PIZZA, GARDEN SALAD**, CHOICE OF DRESSINGS, 100% JUICE, LT. FRUIT*
<b>30</b> CHICKEN PATTY ON A BUN, BBQ/KETCHUP/ MAVO/LETTUCE/TOMATO ONION**, TUNA PASTA SALAD, BAKED CHIPS***, LT. FRUIT*	<b>31</b> SANDWICH OF CHOICE TOMATO SOUP OR HOMEMADE CORN CHOWDER, VEGGIE PLATE**, LT. FRUIT*			

\* = LOWFAT / \*\* = FRESH / \*\*\* = BAKED

ALL LUNCH CHOICES INCLUDING MILK ARE \$2.75. TEACHER/ADULT LUNCHES ARE \$4.00.  
 LUNCH CHOICES ARE: DAILY SPECIALS, SALAD BAR, TUNA OR GRILLED CHEESE SANDWICH AND SUNBUTTER (TASTES LIKE PB BUT NUT FREE!) & JELLY OR FLUFF SANDWICH. ALL SANDWICHES ARE ALWAYS MADE ON HEALTHY WHOLE WHEAT BREAD.  
 SKIM & WHOLE MILK ARE OFFERED DAILY FOR \$.50.